

# Upper Control Arm Installation Instructions

## Tools Required:

- Hydraulic jack and jack stands
- Metric socket and wrench set
- Allen bits

## Installation:

1. Lift the rear of the vehicle and safely support on jack stands. Remove both rear wheels.
2. Using an **18mm** wrench, socket, and ratchet remove the outer nut and bolt as shown in **IMAGE 1**
3. Using the same tools, repeat the process for the inner nut and bolt
4. Once removed, ensure the length of this adjustable upper control arm matches the stock length hole-to-hole. Tighten jam nut to **45 ft-lbs. IMAGE 2**
5. Install the BMR upper control arm, bearing end first. Re-install inner nut and bolt, leave finger tight.
6. Install outer bolt and nut.
7. Use the torque specs above if you have replaced your hardware, if not torque the outer and inner bolts to **70 ft-lbs** as in **IMAGE 3**
8. Re-install the wheels/tires and lower the vehicle.

**It is recommended to have the vehicle professionally aligned after installation**



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*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*